



Palmys Burger 13.50

Grass-fed double smash patty, grilled onions, tomato, little gem lettuce, Palmys sauce, Martins potato bun
+ Sub impossible Burger \$2
+ Bacon \$2 +Egg \$1
+Fries, side salad or tater tots \$2

Chimichurri Bowl 13

Cauliflower rice, cabbage slaw, sliced avocado, chimichurri and hand chopped salsa with choice of Salmon(7), Chicken(6), Falafel(6) or Steak(7)



Full of Grains Salad 10

Israeli cous cous, quinoa, chickpeas, organic cherry tomatoes, feta and arugula with lemon garlic tahini dressing

Spicy Caesar Salad 10

Little gem lettuce, parmesan, garlic sourdough croutons and house-made dressing



Potato Wedges 8
Sour cream and sweet chili

Lunch Favorites

Nasi Goreng 13

Vegetable fried cauliflower rice, fried egg, crispy shallots, sweet chili



Good Girl Chicken Sandwich 13.50

Crispy chicken, cabbage slaw, sweet chili sauce, Martins potato bun
* +Fries, side salad or tater tots \$2

Aussie Fish & Chips 17

Beer battered fish, potato wedges, salt & vinegar, sriracha aioli



Steak Sando 15.50

Marinated skirt steak, balsamic caramelized onions, fresh arugula, provolone cheese
+Fries, side salad or tater tots \$2

Healthy Chicken wrap or bowl 13.50

Hummus, grilled chicken breast or falafel, tomato, onions, little gem lettuce, lemon garlic tahini with cauliflower rice or whole wheat tortilla
+Fries, side salad or tater tots \$2



Cobb O 10

Mixed greens, hardboiled egg, bacon, avocado, cherry tomatoes, blue cheese crumbles, ranch dressing



Garden Salad 8

Mixed greens, cherry tomatoes, rainbow carrots

CRUISE IN, CHILL OUT LUNCH MENU

• Greens •

Add a Protein:

Salmon(7), Chicken(6), Falafel(6), Steak(7)

Snacks

Fries or Tots 8
Sea salt, parmesan or furikake

Med Plate 10
Hummus, raw and grilled veggies, bread, oil and vinegar

Plantain Chips 8
Tropical salsa



Palmys
Pacific Beach

(858) 886 - 7111

976 Felspar st, San Diego CA 92109